

# HELPING MARYLANDERS

## Quanda Jones

BALTIMORE CITY

Quanda Jones wasn't totally surprised when doctors told her in August 2003 that the lump in her chest was breast cancer. Her grandmother had died of the disease, and her identical twin sister, Wanda, was a breast cancer survivor. "I wanted to know what I had to do to get rid of the cancer. My sister got through it, and I was sure that I could, too." But, the 45-year-old grocery store employee, who didn't have health insurance at the time, says she couldn't have done it without the help of UMGCC's Baltimore City Cancer Program, which provides free cancer screening and treatment for uninsured, low-income city residents. Jones had surgery, chemotherapy and radiation and took part in a clinical trial to test a new breast cancer drug. "The Baltimore City Cancer Program is wonderful. The staff is right there with you every step of the way. I think every community should have such a program."



## John Stebbing

ANNE ARUNDEL COUNTY

John Stebbing knows he is one of the lucky ones. His oral cancer was caught at an early stage. But, things could have turned out differently for the 57-year-old sign installation manager from Churchton, Md. In August 2007, Stebbing, a lifelong heavy smoker, noticed a small lump on the side of his neck. At first he dismissed it as a swollen gland, but was persuaded by a co-worker to see a doctor. He came to the University of Maryland Greenebaum Cancer Center, where doctors diagnosed him with squamous cell carcinoma of the tonsil. Stebbing had surgery to remove the cancer, followed by radiation and chemotherapy. He has given up smoking, and scans have shown no signs of cancer. "I have been given my life back, in large part due to the grace of God and the expertise of the wonderful and skilled doctors and staff at the Greenebaum Cancer Center. It's true that, if you are diagnosed with cancer, this is the top place to be."



## Gary Jackson

EASTERN SHORE

Experiencing abdominal pain, diarrhea and rectal bleeding, Gary Jackson knew that these could be symptoms of serious illness and that he needed to be checked right away. He was referred to the Eastern Shore Regional Office of the University of Maryland Statewide Health Network, and the staff there promptly contacted a local physician and scheduled an appointment for him. The doctor found that he was anemic. Jackson decided to change his diet and started to exercise regularly. He says that the changes in his health are remarkable. Jackson was thankful for all the services and attention he received and happy he was able to implement the changes and experience some results very quickly. "The doctor was helpful, informative and she gave me comfort. The staff at the Statewide Health Network and the doctor answered all my questions and made an uncomfortable situation tolerable. I couldn't ask for more," he says.



## Leslie Walker

BALTIMORE CITY

At 61, Leslie Walker knew he needed to undergo a colonoscopy but was extremely uncomfortable with the idea of the procedure. "I knew that by being an African-American man I was at risk of developing colorectal cancer, but I just could not make myself cross that bridge," he explains. He learned about UMSHN's Patient Navigation Program and decided to enroll. One of the prerequisites for completing the program was to have a colonoscopy done within 12 months. "Through the program, I gained some valuable information and worked very closely with my primary care physician to be healthy again. In a few months, my blood pressure and my cholesterol, which had been extremely high, were down to normal levels," Walker says. "I started taking care of myself and decided it was time to face my fears and get that colonoscopy done, which finally happened this past July. Luckily, the test came out clear, and I walked out of that room extremely happy and proud of myself. I know I am now on the right track once again."



# QUICK FACTS

## UNIVERSITY OF MARYLAND MARLENE AND STEWART GREENEBAUM CANCER CENTER

- ❖ More than 18,000 free cancer screenings for uninsured, low-income Baltimore residents through the UMGCC's Baltimore City Cancer Program. Seventy-five people have been diagnosed and treated for breast, cervical and oral cancer
- ❖ Outstanding treatment programs offering multidisciplinary care
- ❖ Increased access to innovative clinical trials for many types of cancer
- ❖ Building state-of-the-art laboratories, paving the way for major breakthroughs in cancer research
- ❖ \$280,000 in pilot grants to support promising new research

## UNIVERSITY OF MARYLAND STATEWIDE HEALTH NETWORK AND OTHER TOBACCO-RELATED DISEASES RESEARCH GRANT

- ❖ Educated more than 80,000 people throughout the state about cancer and other tobacco-related diseases, with a focus on prevention, early detection and screening
- ❖ Raised an additional \$22 million in federal and private grant support
- ❖ Invested approximately \$5.5 million to support 88 innovative faculty pilot research projects in health services, translational and clinical research focusing on tobacco-related diseases
- ❖ Invested approximately \$4.2 million to support 54 field outreach projects related to new strategies in cancer and other tobacco-related diseases prevention, screening and risk-factor reduction
- ❖ Approximately 3,000 community residents attended Mini-Med School in Baltimore City, Montgomery County, Western Maryland and Southern Maryland and on the Eastern Shore



CIGARETTE RESTITUTION FUNDS

# MAKING A DIFFERENCE for MARYLANDERS



22 South Greene Street  
Baltimore, MD 21201  
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umgcc.org



UNIVERSITY OF MARYLAND  
SCHOOL OF MEDICINE

University of Maryland  
Statewide Health Network  
401 West Redwood Street, Suite 100  
Baltimore, MD 21201  
410.706.1040  
mdhealthnetwork.org



A Cancer Center Designated by the National Cancer Institute

For more information about the Cigarette Restitution Fund Program at the University of Maryland, go to [www.umcrf.org](http://www.umcrf.org).

A Partnership Between the University of Maryland  
Medical Group and the State of Maryland

*Leading the Fight Against Cancer  
and Other Tobacco-Related Diseases*



## OVERVIEW

As one of the states to benefit from a 1998 legal settlement with big tobacco companies, Maryland is recognized as a national leader for using the majority of these funds to fight cancer and other tobacco-related diseases with a 10-year, \$1 billion comprehensive plan.

**THE UNIVERSITY OF MARYLAND MEDICAL GROUP\* RECEIVES FOUR GRANTS EACH YEAR THROUGH THE MARYLAND CIGARETTE RESTITUTION FUND (CRF) PROGRAM FOR:**

- Cancer Research and Treatment
- Cancer Screening, Diagnosis and Treatment in Baltimore City
- University of Maryland Statewide Health Network
- Other Tobacco-Related Diseases Research Grant

### Targeted Cancers

- Breast
- Cervical
- Colon
- Lung
- Skin
- Oral
- Prostate

### Other Tobacco-Related Diseases

- Cardiovascular Disease
- Stroke
- Chronic Pulmonary Disease
- Infant Mortality (Low Birth Weight)
- Peripheral Disease

\*The University of Maryland Medical Group is made up of the University of Maryland, Baltimore; the University of Maryland School of Medicine; and the University of Maryland Medical System.

## UNIVERSITY OF MARYLAND MARLENE AND STEWART GREENEBAUM CANCER CENTER

The University of Maryland Marlene and Stewart Greenebaum Cancer Center (UMGCC) offers innovative approaches to diagnosing and treating all types of cancer, serving patients throughout Maryland and the Mid-Atlantic region. The center has a National Cancer Institute designation, making it one of an elite group of cancer research and treatment centers across the country. *U.S. News and World Report* also has ranked UMGCC among the top 50 cancer programs in the nation for 2008.



The cancer center uses funds from the Cigarette Restitution Fund Program to strengthen its treatment and research programs, expand clinical trials, modernize laboratories, develop novel approaches to patient care and recruit nationally recognized scientists and cancer specialists.

### WITH CRF SUPPORT, THE CANCER CENTER IS ABLE TO:

**Give Maryland residents access to innovative new therapies** through clinical trials. Cancer vaccines, novel cancer-fighting agents and new combination therapies are available to our patients years before they become available to the general public.

**Provide minorities and underserved populations greater access to new treatments.** More than a third of patients in our clinical trials are minorities – more than three times the national average.

**Build outstanding treatment programs for tobacco-related cancers,** such as lung and oral cancers. UMGCC has specialized programs for cancers of the blood, brain, breast, lung, gastrointestinal tract and prostate.



**Develop state-of-the-art laboratories,** paving the way for major breakthroughs in cancer research.

**Offer the latest minimally invasive technology** to diagnose and treat cancer.

**Provide free breast and cervical cancer screening** for uninsured, low-income Baltimore residents through UMGCC's Baltimore City Cancer Program. More than 18,000 screenings have been performed – 75 people have been diagnosed with cancer and treated by UMGCC specialists.

**Generate millions of dollars** in additional research grants and contracts from public and private sources.

**Attract and retain nationally recognized experts** in cancer care and research. UMGCC researcher Angela H. Brodie, Ph.D., has received top honors for pioneering the development of aromatase inhibitors, a new class of breast cancer drugs now helping to save the lives of women worldwide.

**Provide \$280,000 in pilot grants** each year to support promising research in such areas as immunotherapy, new drug development and genomics.

**Forge major partnerships** with the state, the National Cancer Institute and private industry.

## UNIVERSITY OF MARYLAND STATEWIDE HEALTH NETWORK & OTHER TOBACCO-RELATED DISEASES RESEARCH GRANT

The University of Maryland School of Medicine, through CRF grant support, has created a statewide infrastructure to address disparities as well as morbidity and mortality in cancer and other tobacco-related diseases. The grants include the University of Maryland Statewide Health Network (UMSHN) and the Other Tobacco-Related Diseases Research Grant (OTRD).



Working with individuals and groups throughout Maryland, UMSHN is able to assess the needs of the community and provide resources that otherwise might not be available.



Through telehealth/video linkages across the state, and community outreach offices, UMSHN provides public access to health information and promotes prevention, early detection and prompt treatment of tobacco-related diseases. It also assists in developing services for survivors after treatment. With funding through the OTRD grant, the University of Maryland School of Medicine also conducts cutting-edge clinical, health services and translational research.

### WITH CRF SUPPORT, UMSHN & OTRD ARE ABLE TO:

**Implement a patient navigation research program** designed to improve outcomes in colorectal and breast cancer screening, diagnosis and treatment in Baltimore City, Southern Maryland and the Washington D.C. suburbs and on the Eastern Shore.

**Sponsor 250 educational sessions** on targeted cancers and tobacco-related diseases reaching almost 11,000 people in FY 2008. Our message has reached a total of more than 80,000 people across the state.

**Leverage an additional \$22 million** in federal and private grant support.

**Develop statewide telehealth linkages** linking 46 sites, including AHECs, community hospitals, community health centers, home health agencies and other organizations to educate health professionals and the community.

**Develop award-winning national best practices models** recognized by the U.S. Secretary for Health and Human Services for increasing participation in clinical trials on the Eastern Shore.

**Facilitate screening** for breast, colorectal, prostate, oral and skin cancers statewide.

**Conduct Mini-Med School programs** for more than 3,000 residents in Baltimore City, Montgomery County, Southern Maryland and Western Maryland and on the Eastern Shore. Montgomery County has the state's only Spanish Mini-Med School program.

**Provide continuing education (CME/CE)** to thousands of health care professionals.

**Support the recruitment of faculty** with outstanding national reputations.

**Support 88 innovative pilot research projects** focusing on tobacco-related diseases and 54 pilot field outreach projects related to cancer prevention, screening and risk-factor reduction. A scientific forum to highlight study results is held annually.

**Support community engagement** and foster public trust in research.